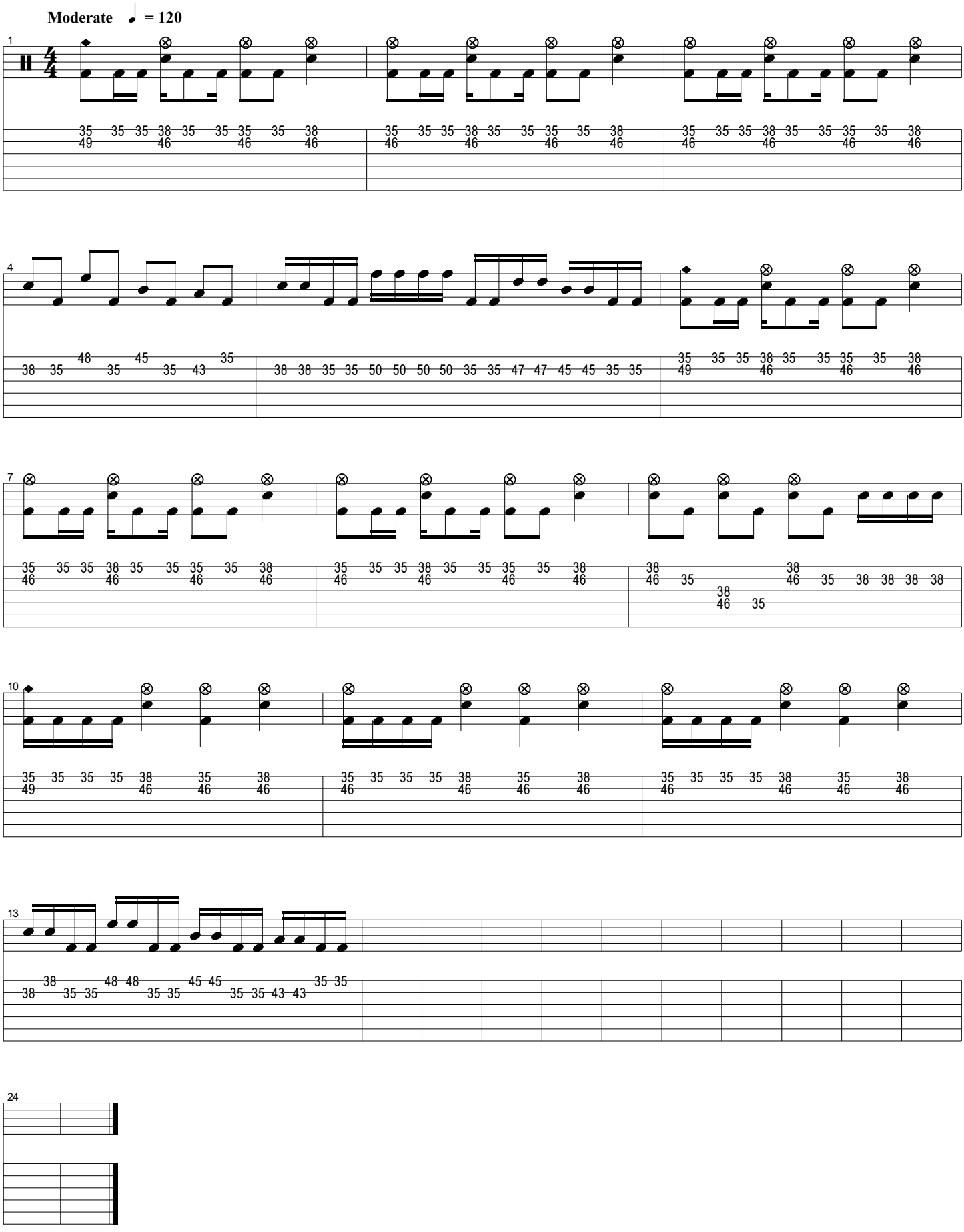
Moderate ♩ = 120